



Hand-Under-Hand: Key Points

What is hand-under-hand?

Hand-under-hand involves placing your hands underneath the student's hands as you explore something or do something together.

- Hand-under-hand starts as an invitation
- It gives the student control
- It can be used for teaching:
 - topics
 - skills
 - concepts
- When using hand-under-hand, the student can be:
 - in front of you
 - next to you
 - facing you



Why use hand-under-hand?

- Recognizes that the hands of a student with deaf-blindness are their eyes and ears
- Provides opportunities to learn about the ways people use their hands
- Promotes exploration
- Builds self-determination
- Builds independence
- Encourages the child to take initiative
- Promotes active learning
- Is a way to learn new skills

- Provides access to communication and language
- Provides access to the world!



Is it ever okay to use *hand-over-hand*?

Yes in limited situations (e.g., demonstrating signed hand shapes or to keep a student safe) after a trusting relationship has been developed and only for short periods of time.